































# WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	<p>Macaroni Cheese</p> 	<p>Phat Pasty Pork Sausage Roll with Potato Wedges</p> 	<p>Roast Chicken, Stuffing, Roast Potatoes &amp; Gravy</p> 	<p>Spaghetti Bolognese</p> 	<p>Fish Fingers with Chips &amp; Ketchup</p> 
OPTION 2	<p>Chickpea Curry and Rice</p> 	<p>Mild Mexican Veg Chilli with Rice</p> 	<p>Roast Quorn, Roast Potatoes &amp; Gravy</p> 	<p>Smokey Bean Burger with Wedges &amp; Tomato Sauce</p> 	<p>Cheese &amp; Bean Pasty with Chips &amp; Tomato Ketchup</p> 
DESSERT	<p>Banana Mousse</p> 	<p>Orange Drizzle Cake</p> 	<p>Fruit Platter</p> 	<p>Apple Flapjack</p> 	<p>Jelly with Mandarins</p> 











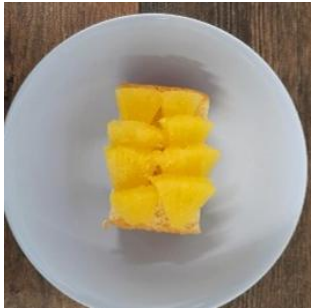




\*VEGETABLES AND SIDES MAY DIFFER THAN THOSE SHOWN

# WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	<p><b>Cheese &amp; Tomato Pizza with Mixed Summer Salad</b></p> 	<p><b>Beef Chilli with Rice &amp; Sweetcorn &amp; Cucumber Salsa</b></p> 	<p><b>Roast Pork Sausage, Roast Potatoes &amp; Gravy</b></p> 	<p><b>Greek Chicken Pitta with Herby Rice &amp; Tzatziki</b></p> 	<p><b>Fish Fingers with Chips &amp; Tomato Ketchup</b></p> 
OPTION 2	<p><b>Lentil and Sweet Potato Curry with Rice</b></p> 	<p><b>Spaghetti &amp; Vegan Meatballs in a Tomato Sauce</b></p> 	<p><b>Vegetarian Wellington, Roast Potatoes &amp; Gravy</b></p> 	<p><b>Spinach &amp; Cheese Whirl with Herby Rice &amp; Tzatziki</b></p> 	<p><b>Cheesy Broccoli Frittata with Chips &amp; Tomato Ketchup</b></p> 
DESSERT	<p><b>Iced Vanilla Sponge</b></p> 	<p><b>Peaches &amp; Ice Cream</b></p> 	<p><b>Freshly Chopped Fruit</b></p> 	<p><b>Jam &amp; Coconut Sponge with Custard</b></p> 	<p><b>Oaty Cookie</b></p> 

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# WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	<p>Tomato Pasta</p> 	<p>Beef Burger with Potato Wedges &amp; Rainbow Slaw</p> 	<p>Roast Chicken, Stuffing, Roast Potatoes &amp; Gravy</p> 	<p>Chef Shilpa's Chicken Korma with Rice</p> 	<p>Fish Fingers with Chips &amp; Tomato Ketchup</p> 
OPTION 2	<p>Chinese Vegetable Noodles</p> 	<p>Mexican Bean Vegan Roll with New Potatoes &amp; Rainbow Slaw</p> 	<p>Vegetable Loaf, Roast Potatoes &amp; Gravy</p> 	<p>All Day Vegetarian Breakfast</p> 	<p>Cowboy Vegan Sausage and Bean Hotpot</p> 
DESSERT	<p>Pineapple Upside Down Cake</p> 	<p>Cheese &amp; Crackers</p> 	<p>Fruit Medley</p> 	<p>Strawberry &amp; Apple Crumble with Custard</p> 	<p>Vanilla Shortbread</p> 

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